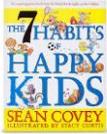


Habit 3: Put First Things First

Put First Things First means to decide what is most important and take care of it first. Thinking about what needs to be done tomorrow or by the end of the week can be overwhelming, especially for children. Through practice, children can learn to think of which things are the most important and take care of them first. This allows children (and adults) to be less stressed. For example, if your child can tell you that he/she needs a piece of poster board on Thursday for a project that is due the following Thursday, then both of you are able to feel more prepared.

Suggested titles for young children that reinforce **Habit 3**:



- **The 7 Habits of Happy Kids** by Sean Covey
- **The Little Red Hen** by Paul Galdone (or other version)
- **The Very Hungry Caterpillar** by Eric Carle
- **Froggy Gets Dressed** by Jonathan London



Expect your child to use words and phrases like prioritize, most important, responsibility, **Put First Things First**, sequencing, and planning in his/her conversations this week. You can encourage your child by using some of this language at home. You may have an opportunity to share your experiences with your child about **Put First Things First**.

Check out the “Parent’s Place” at www.TheLeaderInMe.org for fun ways to bring the habits home.

Please **choose one** of the following to do with your child to show us you discussed Habit 3: **Put First Things First** at home. If your child brings back the bottom half of this page, he/she will receive a purple tally. **Please return by 10/26/15.**

1. I read a book with a character that **put first things first**.

Book title _____

Character’s name _____

2. I practiced **put first things first** with my family by _____

3. I visited www.theleaderinme.org with my family and we looked at _____.

Student’s name _____ Guardian signature _____