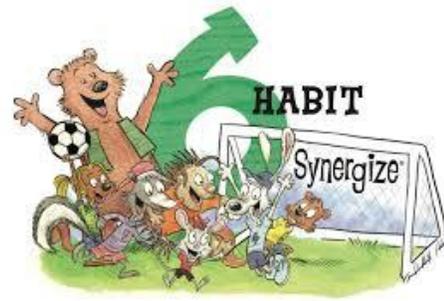


Habit 6– Synergize

Together is better!!



Habit 6 is Synergize– “Together is better.” Each of us has gifts, talents and a unique point of view.

Together we can create a better solution than either of us could have thought of alone. It’s not your way or my way, but a better way! Synergy is taking many ideas and making them better by working together.

Ways to apply at home:

Look for examples: Have you ever watched a flock of geese? Working together they can fly farther than they could alone. What other examples can you find in nature, history, literature?

Solve a Problem: As a family discuss a challenge in your home. Use the Synergy Action Plan to solve the problem: 1) Define the problem. 2) Share individual views. (Seek First to Understand, Then to Be Understood) 3) List possible solutions. (Think Win–Win) 4) Choose the best solution together. See if you can reach a better solution than either of you would have come up with alone!

15 Minutes!: The work gets done faster when we all help! Set a timer for 15 minutes. Everyone pitches in to help clean the kitchen, pull weeds, do dishes, pick-up, etc. Using a small chunk of time where everyone helps make work go quicker and keeps it “do-able.”

Strength List: For each member of the family, get a piece of paper and put their name on it. As a family, list strengths, talents, and gifts each person has. Discuss how they can synergize on homework, chores, playing games, sports, etc.

Play Time: Find ways to play together where everyone has fun! Kites, walks, puzzles, writing a silly story one sentence at a time, catch, picnic–everyone packs one food!

Words to use:

“Together is better.”

“Many hands make light work.”

“What can I do to help?”

“The more the merrier.”

“How can we do this as a team?”

“Can you help me with this?”

“Can you give me some ideas here?”

“What do you think?”

When you see your child practice the habit **Synergize** this week, please fill out and return the bottom of this handout by Monday, November 16. Your child will be rewarded by his/her teacher.

My child, _____, practiced the habit **Synergize** this week.

Synergize Action:

Parent Signature

Date

